

SKODA We Love Cycling.cz





We support all cyclists

To help you stay in the saddle and keep up to date throughout the cycling season, we bring you a constant stream of interesting stories, unique interviews, original videos, and exclusive reports from the world of cycling at welovecycling.cz.







Pedaling, finding balance, wind in your hair...
Everyone remembers that first intoxicating moment in the saddle of a bike. Even though we fell off sometimes, we always got back on. As kids, we had a simple strategy: downhill bombs, uphill

#nesesedneš

L'Etape Czech Republic gives you the chance to experience the feeling of riding the Tour de France. The closed roads, the raging fans, the atmosphere of the big day. But it's not just about the race. It's also about the journey to it. It's about training, a healthier lifestyle, determination and inspiring others. Because when the kids shout "Dad! Mom! Go!", you know you're just not going to #nesesedneš

Cycling is a lifelong passion. And even if it doesn't ride like it did when you were young, the joy of riding remains. Your legs may hurt, but when you bite down and chase young wolfhounds up hills, you prove that you

#nesesedneš

We look forward to seeing you at the start!

L'Etape Czech Republic by Tour de France organizing team & project manager Přemysl Novák

Fry Now

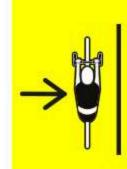


L'ETAPE
CZECH REPUBLIC
** TOUR DE FRANCE



RACER'S CODE

During the race you are obliged to observe the following rules. Please note that we reserve the right to exclude you from the race if you do not follow any of the guidelines below or if we see you riding dangerously.



KEEP RIGHT

Keep in the right lane unless otherwise specified by the course markings or the organiser's instructions.



SIGNAL

Honour the principles of riding in a group - signalling, fluency, maximum attention. If you don't have any experience riding in a pack, don't cram in and ride at your own pace. If you see a hazard or need to stop for some reason, signal to the riders behind you by raising your hand and shouting loudly.



OBEY INSTRUCTIONS

Always obey the instructions of the organizers and police officers. The organizers use acoustic (whistles) and visual (flags) signals on the track.



GO RESPONSIBLE

Remember it's just a race, it's not about life. In any case, do not overestimate your abilities and be aware of the situation around you. Even if you are the best rider, anyone can make a mistake. Think of those waiting for you at the finish line and enjoy the race.



VEOLIA - V pelotonu za udržitelnější budoucností

Veolia pomáhá městům, firmám i domácnostem fungovat udržitelně, ať už se jedná o vodu, energii nebo odpady. V naší firmě však nežijeme jen prací, ale podporujeme také sportování na všech úrovních, třeba právě cyklistiku. Proto jsme součástí pelotonu L'Etape Czech Republic by Tour de France, výjimečného závodu, který přináší radost z jízdy a vášeň pro sport všem generacím, a to již od jeho prvního ročníku v Čechách.

VEOLIA BIKE TEAM

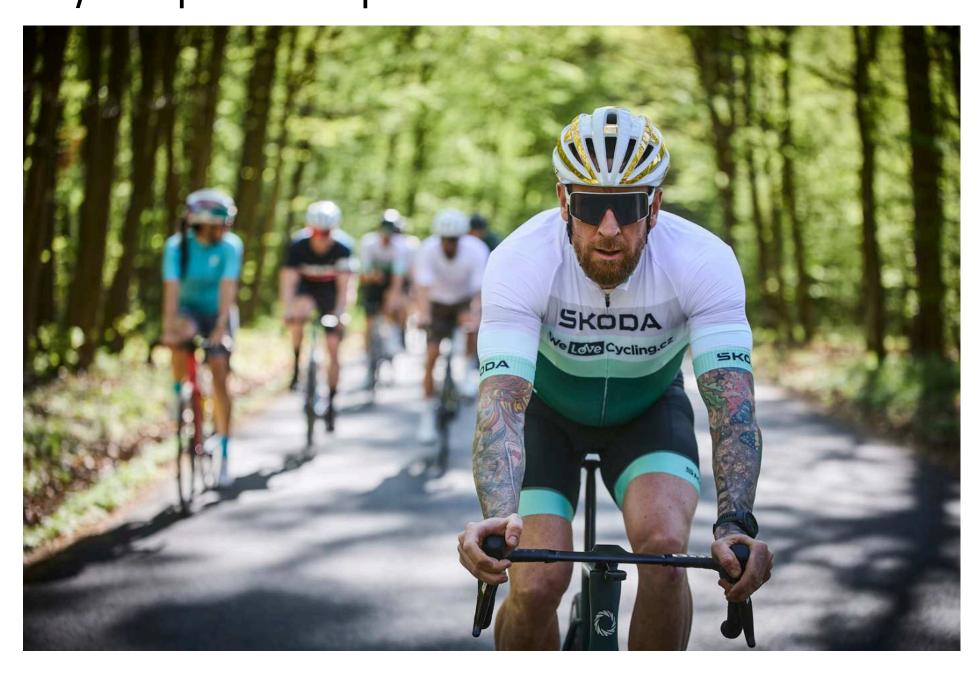
Naše láska k cyklistice ale nekončí jen u partnerství. V rámci skupiny Veolia jsme dali dohromady tým nadšených cyklistů – zaměstnankyň a zaměstnanců, přátel i ambasadorů, kteří společně reprezentují naši značku v amatérských závodech po celé republice. Mnohé z nich potkáte na trase. Zároveň pro vás připravíme občerstvovací stanici Velká Buková Veolia, kde dočerpáte potřebnou energii.





FROM THE DARKNESS BACK TO LIFE. AS AN AMBASSADOR OF L'ETAPE

From the throne of a celebrity and a nationally adored icon, he has fallen to rock bottom. Drowning his depression in alcohol, living for a while as a homeless man. Now British cyclist Bradley Wiggins is returning to a normal life after a giant life upheaval. As a father and as an athlete. When the 2012 Tour de France winner celebrates his 45th birthday at the end of April, he will do so as an ambassador for Skoda WeLoveCycling and the hilly L'Etape Czech Republic 2025!



Bradley Wiggins was knighted in the UK at the end of 2012. He became the first man to win an Olympic gold medal and the Tour de France in the same season. In total, he won five Olympic gold medals, one silver and two bronze. At the height of his career, Great Britain was at his feet. There were so many invitations to celebrity dinners that he had to turn them down. Other times, he played with some of the music stars in front of a sold-out concert



zdravotnická technika

www.cardion.cz





audience. Next time he flew on a private jet for a trip. When he retired four seasons later, it only took a few months for him to hit rock bottom.

"2012 was the peak of my life. My sporting life. But when my cycling story ended, I struggled with depression. I became addicted to alcohol, lived on the edge as a homeless man and contemplated suicide," confessed the man who also boasted a world record in the hour and a world time trial title in a candid confession.

"When I was at the height of my fame, I played the character everyone expected. Many characters, to be exact. But in reality, I had no idea who I was," he looks back. "I was thirty-six when I started living a normal life. Cycling had disappeared, and I was left with a regular Bradley Wiggins. And I didn't like myself very much," he told The Telegraph in an interview during the spring of this year.

He ended his career a few months after winning an incredible fifth Olympic gold medal. He subsequently tried a switch to rowing, then appeared on a reality TV show, wanting to work in social services or become a doctor. The reality, however, was miles away from the desires he launched into the public domain. When he retired four seasons later, all it took was a few months to hit rock bottom.

He was battling inner demons, but only those closest to him had any idea that this was a battle harder than the road to his Tour de France triumph. Eleven years after he

We create better places for living



POSITIVE TENSION AHEAD OF THE RIDE

When it comes to cycling through the picturesque Czech countryside, dedicated bike paths make it so much safer and more enjoyable. Since last year, a new bridge has spanned the Bečva River that flows between Černotín and Ústí, extending the Bečva cycle path that winds through Moravia. We create better places for living. We are the largest construction group in the Czech Republic.



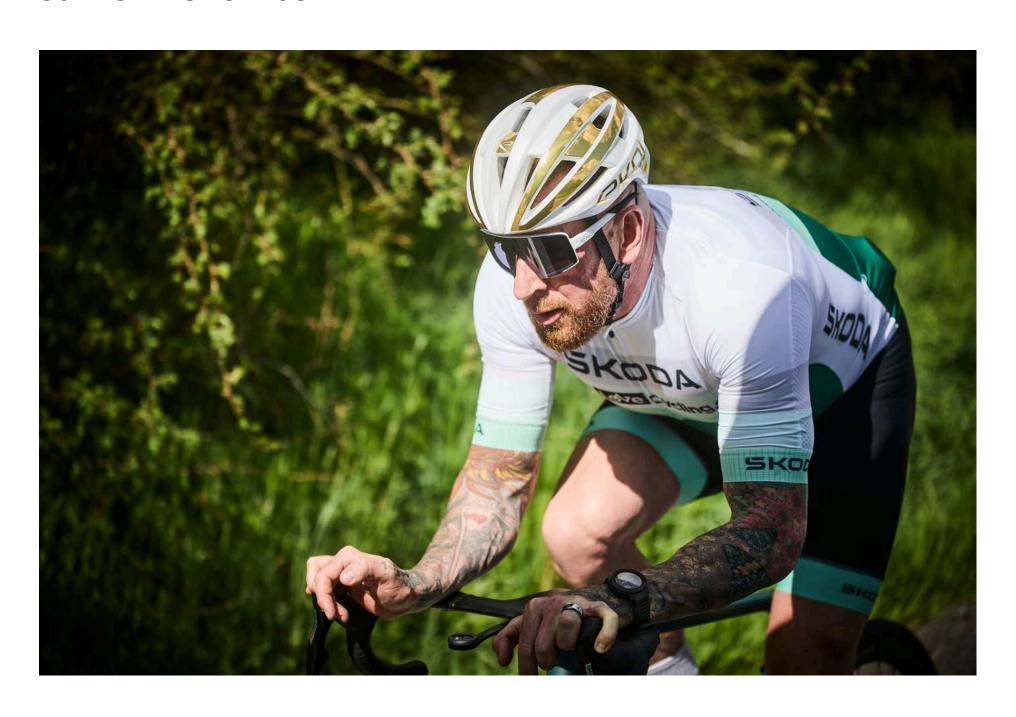






was king of the most famous stage battle on the planet, he was to become an ambassador for L'Etape Czech Republic. He had already signed a contract. But by the time the winter months separating the deal from the race rolled into spring, Bradley Wiggins was fully embroiled in internal problems. Cycling was out of the question."

We never officially learned the reason for the withdrawal from the contract," says Přemysl Novák, head of the L'Etape Czech Republic 2025 project, who initiated new negotiations two years after the first setback. "Because everyone deserves a second chance, we tried to approach Sir Wiggins. The response was positive, the negotiations quick and fair. And there is no doubt that Bradley Wiggins is a very inspiring personality," explains Přemysl Novák why he broke the saying that you cannot step into the same river twice.





"I have experienced some very extreme moments. It got to the point where my son Ben intervened and made me realise my self-destructive thoughts," said Bradley Wiggins.

For six weeks, he lived in seclusion. He didn't communicate with the world. Not even with those closest to him. "The shadows of my childhood caught up with me," he lamented. Garry Wiggins, also a former cyclist, left his family before Bradley Wiggins had even reached his second birthday. He was a heavy drinker and his love of alcohol eventually cost him his life. "My first male role model in cycling was Coach Stan Knight. He used to go around saying I was an exceptional kid. It was nice to hear the nice words when my father showed no interest in me at home," Bradley Wiggins recalled.

The betrayal didn't take long. Stan Knight sexually abused little Wiggins. And to make matters worse, the teenage Bradley witnessed the murder of the headmaster of the school he attended as a child in London. "I'm sure my addiction, which erupted three years after my career ended, is linked to these events," said Bradley Wiggins.

Ironically, the British cycling superstar was brought out of the darkness by the unwelcome Lance Armstrong in cycling circles. The seven-time Tour de France champion, who has had all his victories stripped from him due to admissions of doping, paid for the British cyclist's therapy.





"Lance helped me and Jan Ullrich. He paid for all the treatment. Lance told me I had to figure out my childhood. His personality is polarizing for cycling, but if anyone gets the credit for keeping me alive, it's definitely Lance," Bradley Wiggins said, pointing out that the star cycling trio is united not only by their Grande Boucle victory, but by the fact that they grew up without a father.

He may have rid himself of his inner demons, overcome his craving for alcohol, but there was still another bogeyman lurking. Although his fortune was thirteen million pounds, approximately four hundred million crowns, he had lost everything. And even the bailiffs counted his debts at two million pounds. "I regret that I did not attend sufficiently to my own financial affairs. I made a lot of money, but people around me took advantage of it. They were stealing from me left, right and centre," Bradley Wiggins said, adding that through legal action everything was sorted out. "The people responsible are bearing the consequences of their actions," he uttered with a certain amount of satisfaction.

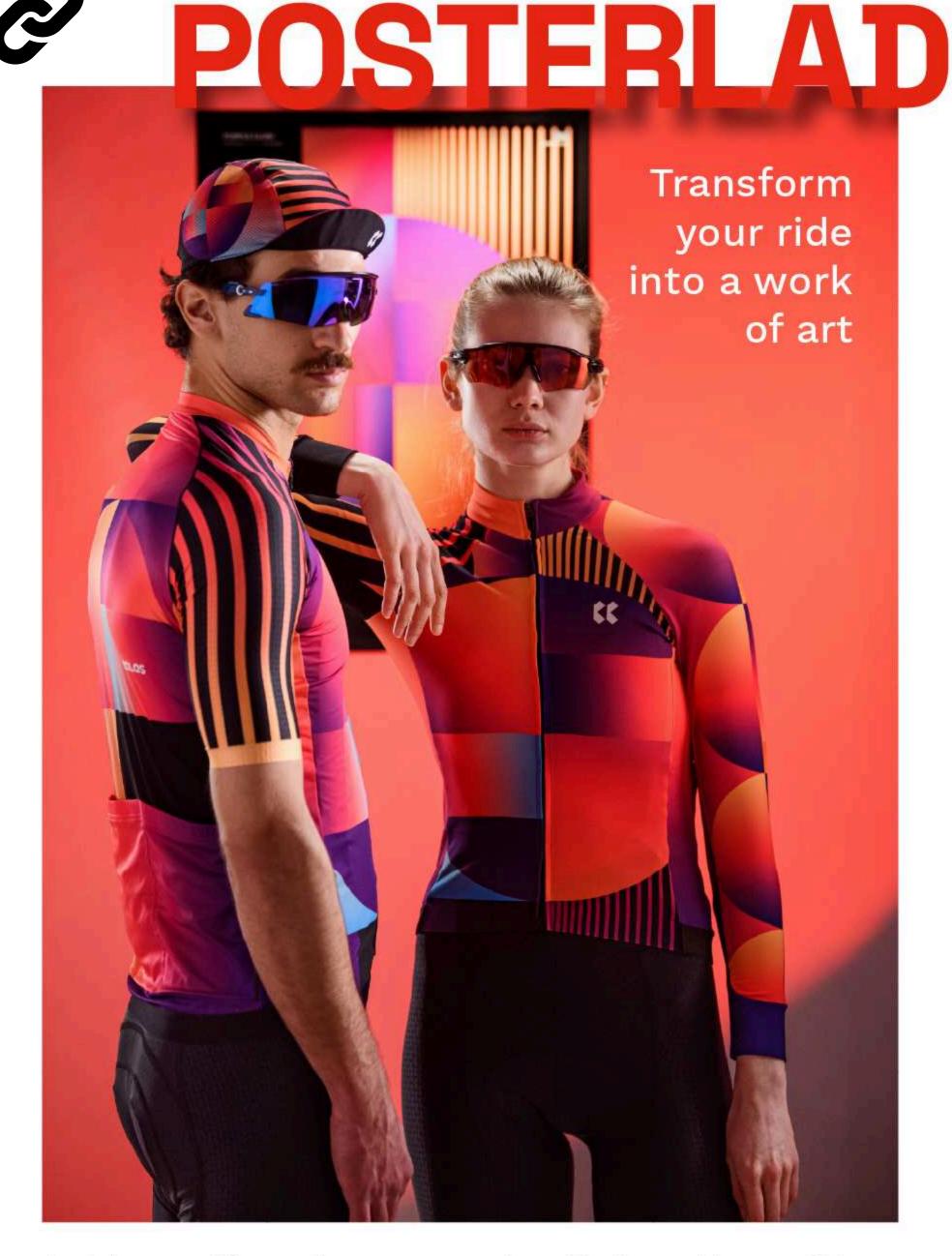
Bradley Wiggins learned how fleeting fame is. He's put on 10 kilos. He's been giving lectures, talking about his career wins and personal losses.



The basic admission is a hundred pounds, about a thousand crowns. If supporters want a group photo, they pay five hundred crowns more. And if anyone wants to enjoy a toast and refreshments with Sir Wiggins in person, they must pay two thousand crowns. It's always almost sold out. And Wiggins gets a huge ovation. Why is that? Because after all he's been through and his whole life turned upside down, he's honest and convincing.

"I've sorted everything out and taken responsibility for my life," Bradley Wiggins said. You can look forward to seeing the reborn Tour de France champion in the Czech Republic: on June 21, 2025, he will ride L'Etape Czech Republic by Tour de France!





Art in motion. Our second collaboration with celebrated Czech artist Vratislav Pecka, aka "PosterLad", is inspired by his Purple Glow artwork. A striking minimalist design featuring bold geometric shapes with sharp clean lines arranged to emphasise balance and symmetry. Add a colourful sparkle to your ride in clothing designed by an award-winning art designer.



SCHEDULE



THURSDAY 19. 6. 2025

15:00 - 18:00 Social ride with Roadman podcast

18:00 - 19:30 Discussion with Michal Kramář (taznejkun.cz)

FRIDAY 20. 6. 2025

15:00 Opening of the L'Etape village

15:00 - 20:00 Distribution of start pack. in the Strahov Canteen

Tour de France Museum

Gastro zone

Partners' stands Signature Wall

16:00 Riders briefing

17:20 Introducing the Istria300

18:00 Riders briefing

18:15 Introducing the Superior RR Itd L'Etape bike

19:00 Discussion with Sir Bradley Wiggins

20:00 Closing of the L'Etape village and Race Office



SCHEDULE



SCHEDUL	F - (ITAP	IRDAY	/ 71_	4. 2025	1
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8:00 8:00 - 19:30	Opening of the L'Etape Village Tour de France Museum, Gastro Zone, Partner Stands, Signature Wall
9:30 - 10:00 10:00	Opening of the start corridor for the Kubik ride Start of the Kubik ride
10:45	Departure of the advertising caravan
10:50	Presentation of teams racing on the Long Route
11:15	Shortened Riders briefing Long Route
11:30	Opening of the start corridor
11:53	Opening ceremony of the Long Route
12:00	Start of the race on the Long Route
12:20	Presentation of teams racing on the Middle Route
12:50	Short Riders briefing Middle Route
13:00	Opening of the start corridor
13:23	Opening ceremony of the Middle Route
13:30	Start of the race on the Middle Route
13:40	Presentation of teams racing on the Short Route
13:50	Short Riders briefing Short Route
14:00	Opening of the start corridor
14:23	Opening ceremony of the Short Route
14:30	Start of the race on the Short Route
14:45	Children's mini-race with Kubik
15:30 - 16:15	Expected arrival of winners of all routes
15:30 - 19:00	Pasta party in Strahov canteen
16:00	Announcement of children's competitions
16:45	TdF jersey winners ceremony
17:45	Category and team winners ceremony
18:27	Welcoming of last participant in the time limit
18:30	Drawing of VAN RYSEL RCR-F bike competition
10.70	Closing of the event

Closing of the event

19:30

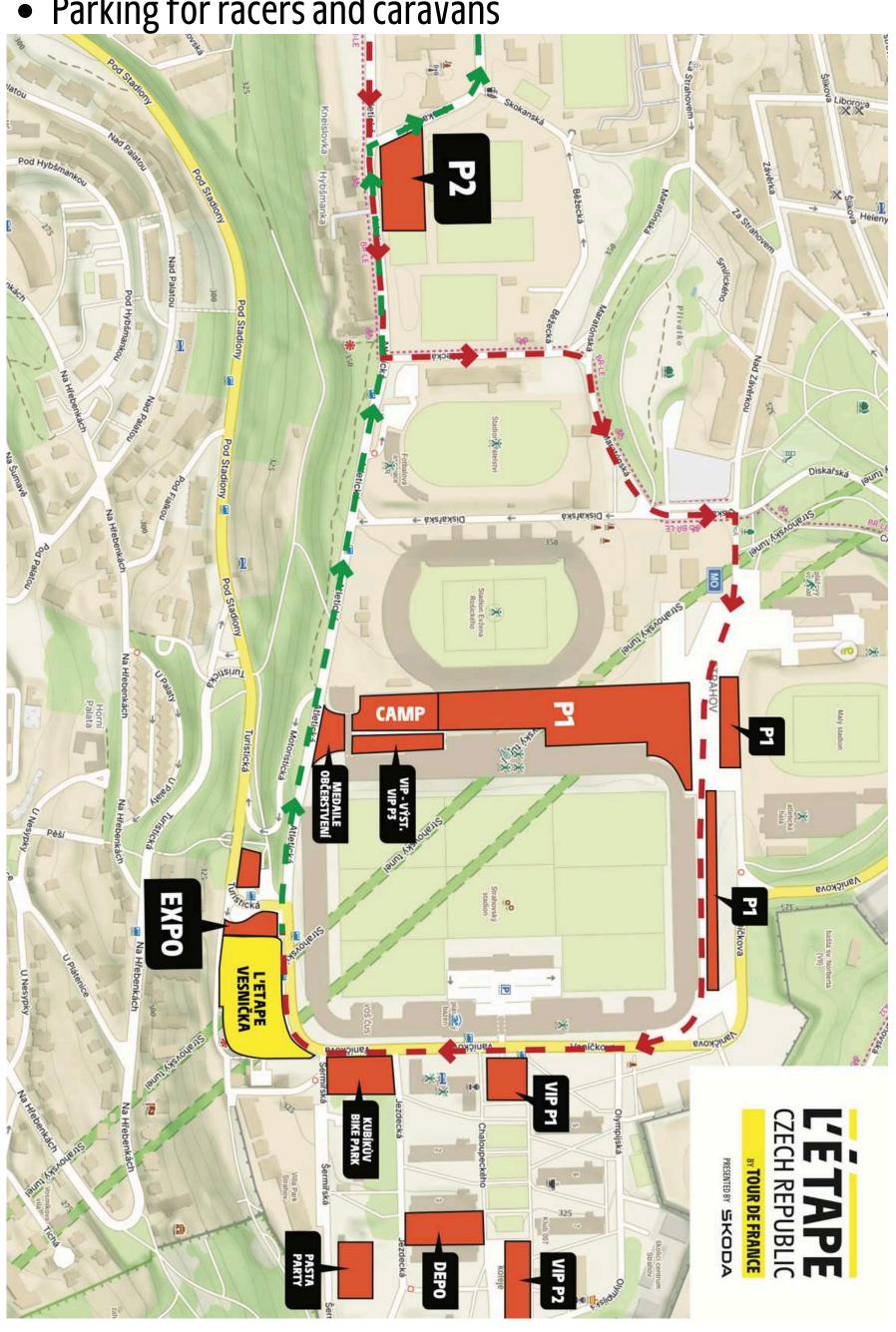
RACE CENTRE - STRAHOV, PRAGUE



Race centre

The Race centre is located in Strahov, Prague and consists of several parts:

- L'Etape village with Expo zone
- Race office in Strahov canteen and facilities in its surroundings
- Kubík's bike park
- Parking for racers and caravans







~ One is not enough ~

ACCESS AND PARKING



Access and Parking

Vaníčkova Street will no longer be passable for passenger traffic on Friday from 14.30. It is strongly recommended to drive in the direction from Bělohorská Street. On Fridays, parking is governed by the normal regime of the respective district. Parking for Saturday could be purchased at the check-in or registration. All those who have done so will receive a parking card along with their start number, which must be placed behind the windscreen of the car. Access to the P1 car park is recommended from Bělohorská Street in the local Malovanka district, access to P2 is from Skokanská Street, ideally via Tomanova Street. Access from Plzeňská Street will not be possible on the day of the race due to the closure of the Turistická/Pod Stadiony intersection.

Motorhomes and Caravans

Have a designated space within Caravan Parking P1 with a valid Caravan Parking Card.

Other options for free parking

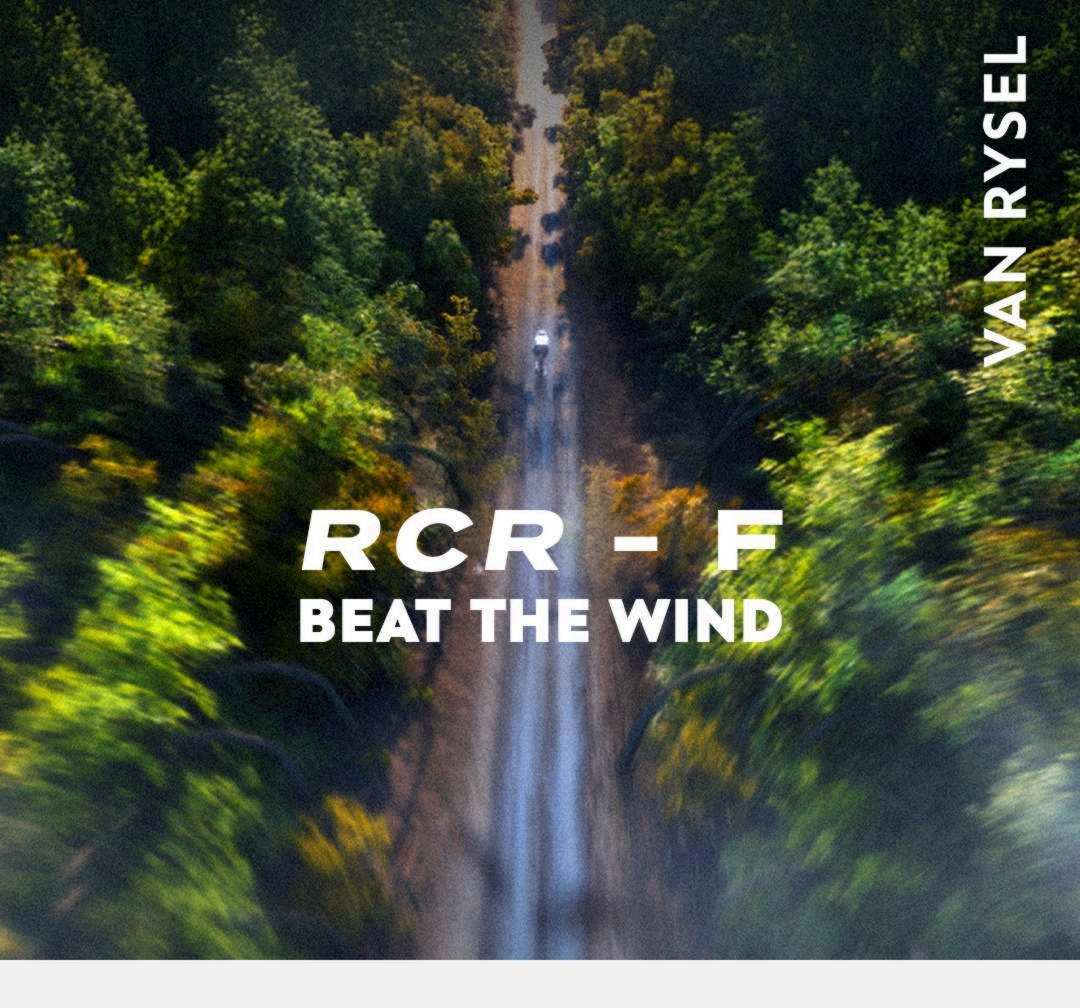
If you did not purchase a parking pass at check-in or registration, you have several options. Either you can park on the streets of Prague 6 (there are no zones between Bělohorská and Tomanova streets on weekends) or you can park along Pod Stadiony Street (approach from Plzeňská Street). Or you can just come by bike as a warm-up.

Links to Google Maps:

Parking P1

Parking P2

Caravans





Překonej své rekordy, překonej své soupeře a poraz vítr. RCR-F je nejrychlejší aerodynamické kolo ve své kategorii na trhu. Vyvinuto ve Flandrech, s profesionály, pro profesionály. RCR-F může být tvoje - stačí se zúčasnit soutěže a mít štěstí v losování.





L'ETAPE VILLAGE & EXPO ZONE



L'ETAPE VILLAGE & EXPO ZONE

The center of the whole race. There is a podium, a Tour de France museum, a fan shop, race partner stands, food and drink stands, a photo corner and a wash area.

A rich accompanying programme will be hosted by the voice of the Tour de France on Czech TV - Tomáš Jílek on Friday and Saturday. His partner for Saturday's programme will be Ondřej "Lampík" Paur.

On both days, there will be a packed accompanying programme for the riders and their young and old fans. On Friday, don't miss the Riders Briefings, where you will learn important information or a chat with the main ambassador of the L'Etape hilly Sir Wiggins.

Opening hours of the village

Friday 15.00 till 20.00 | Saturday 8.00 till 19.30



RACE OFFICE AND FACILITIES



RACE OFFICE

There will be a PRESENTATION at the race office so you can pick up your Start and Partner Packet, make changes to your registration or ask about information you missed.

RACE OFFICE IS LOCATED IN STRAHOV CANTEEN

In addition to the racing matters, you will also be able to replenish your energy after the race, because this is where the lavish PASTA PARTY will take place from 15:30 to 19:00 on Saturday. The food selection was made as part of the check-in form. If you don't remember what you picked, check your racer card on your cell phone to see where it's listed.

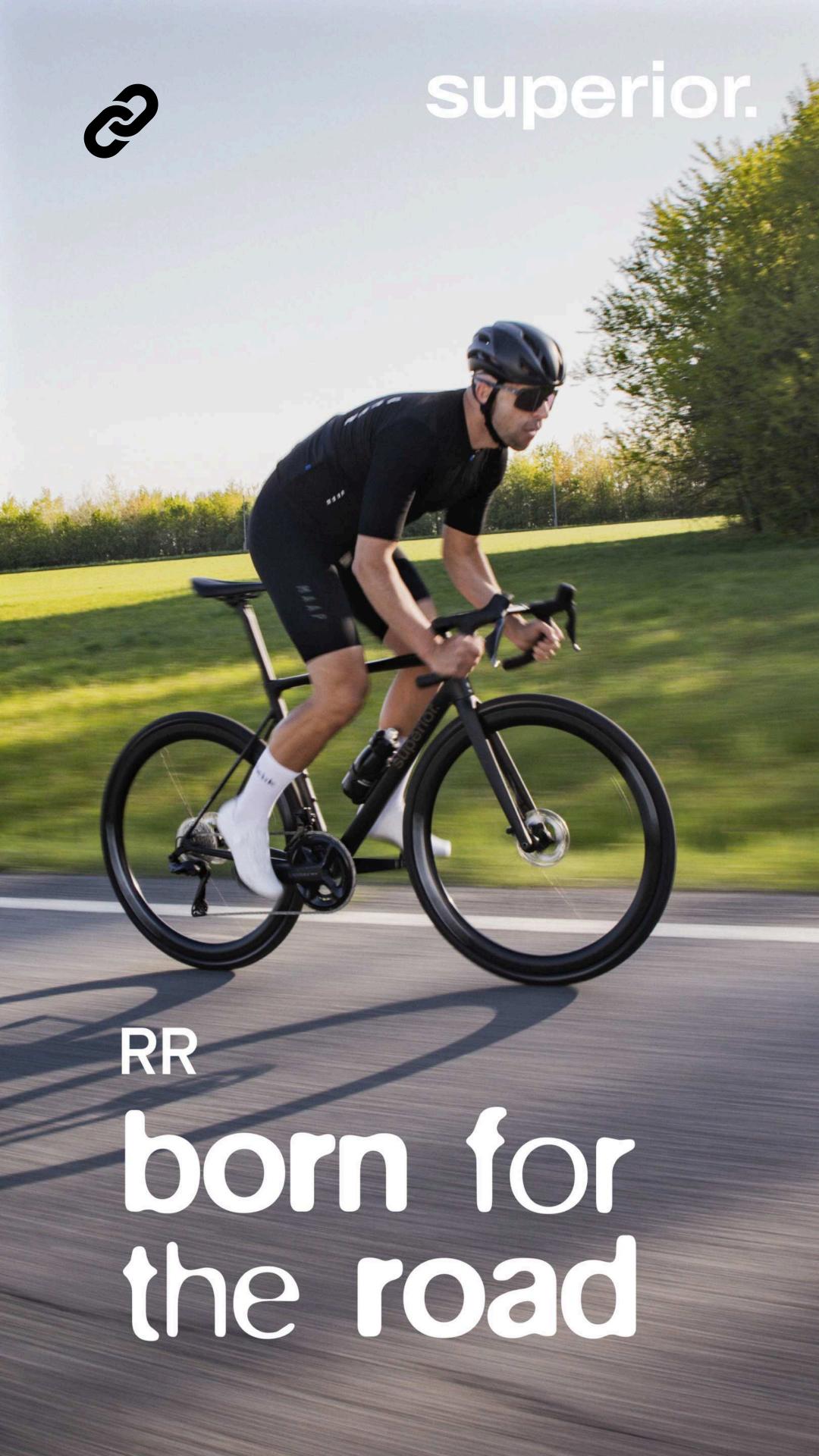
What important things can you find nearby?

Lots of things! Right next to the Canteen are the SPRCHY and opposite the CARDION is the BIKE STORAGE. Your bike and luggage will be safe while you feast or refresh your body. Don't forget to put a paper bracelet with a number on your wrist for storage! What important things can you find nearby?

Lots of stuff! Next to the Canteen there are the SHOPS and across from the CARDION there is the BIKE STORAGE. Your bike and luggage will be safe while you feast or refresh your body. Don't forget to put a paper bracelet with a number on your arm for the locker!

Race Office Opening hours

Friday 15.00 till 20.00 | Saturday 8.00 till 14.30



ACTIVITIES FOR KIDS AND ESCORTS



This year we also focused on accompanying activities for children. So don't hesitate to bring them and your loved one along. Whether before the start or while you're on the course, they won't be bored in L'Etape Village! And what have we prepared for the little fans and escorts?

KUBÍK FAMILY RIDE

A big novelty of this year's edition is the non-racing, unmeasured and secured ride, which can be attended by children on bicycles, parents with children in car seats or in wheelchairs and grandparents on electric bikes. In short, anyone!

Anyone who lines up at the start at 10:00 am on Saturday will have the opportunity to experience the same atmosphere as the L'Etape riders and, like them, will receive a commemorative medal upon finishing!

Lenght of the Route: 5,5 km
Pace: easy with stops
Start in saturday at 10:00
Registration on-line from June 10th

All-day game KUBÍK TOUR

Several stations across the whole area under the project CYKLO KUBÍK. On each one an interesting task or skill to be completed. Upon completion of all tasks, the little competitor receives an original medal and enters a draw for valuable prizes from our partners.

Other activities in the accompanying programme

- Children's transport playground We Love Cycling with bike and scooter rental
- Creation of cheering banners with a competition for the best one
- Children's mini-race with Kubík (saturday 14:45 in Kubík Bike park)





SKUBÍKEM TO BUDE JÍZDA!



Stáhni si aplikaci CYKLOKUBÍK a najdi ty nejlepší cyklostezky pro děti v okolí!

www.cyklokubik.cz









START PACKAGE



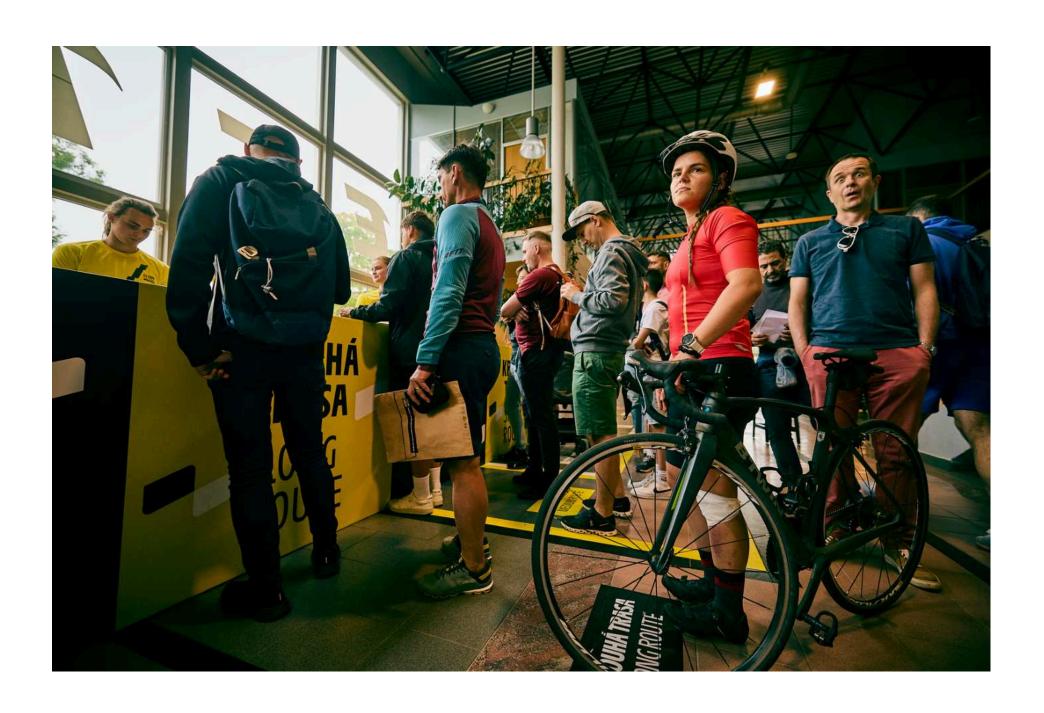
Content of the Start Package

The start package is divided into two parts.

The basic part of the start package contains the start number, socks and other necessities. You can have this part sent to your address or pick it up on Friday 20 June between 15.00 and 20.00 or on Saturday 21 June at the Race Office in the Strahov Canteen.

On Saturday you have to pick up your race packet at least 30 minutes before the start of the race!

The second part is called the Partner Package because it contains valuable products from our partners. Moreover, it is packed in a stylish gymbag in the design of L'Etape Czech Republic by Tour de France. You can pick it up on Friday afternoon or Saturday at the stand in front of Strahov canteen.



START PACKAGE



Contents of the basic part of the Start Package:

- Start number and a sticker on the saddlebag with a passive chip, which are the property of the organizer, until the end of the race
- paper wrist band with number for use of bike and luggage storage
- stylish L'Etape cycling socks from partner Kalas Sportswear
- energy bar from nutrition partner Isostar
- sticker with profile of the course on the top frame tube
- meal voucher for the Pasta Party after finishing (to be consumed at the Strahov Canteen)
- meal voucher for the Pasta Party after finishing (to be consumed at the Strahov Canteen)
- refreshments after crossing the finish line from Isostar suppliers, DrWITT and Rajec
- plastic pull-tabs for attaching the start number to the handlebars
- voucher for picking up the Partner's part of the Start Package

Contents of the Partner Package:

- Tote bag Škoda We Love Cycling
- Gifts and products from race partners



GSK

"Neustálé a pohlcující utrpení. Každý dotek mě pálil."

I TAKOVÁ MŮŽE BÝT BOLEST PŘI PÁSOVÉM OPARU

Spící virus, který způsobuje pásový opar, v sobě má více než 90 % populace ve věku 50 let a starší.

Je vám 50 let a více?

Využijte příspěvek na očkování proti pásovému oparu, např. 3 000 Kč od VZP*. Více o očkování proti pásovému oparu



www.shingrix.cz

*Možnost čerpání příspěvku na očkování proti pásovému oparu a jeho výši je nutné vždy ověřit u příslušné zdravotní pojišťovny.

Vakcína Shingrix je registrovaný léčivý přípravek vázaný na lékařský předpis. Vakcína se aplikuje do svalu formou injekce (obvykle do horní části paže). O očkování se poraďte se svým lékařem. **Před použitím si pečlivě prostudujte příbalovou informaci dostupnou též na www.gskkompendium.cz**. Případné nežádoucí účinky, prosím, nahlaste na cz.safety@gsk.com. Očkování nemusí chránit 100 % očkovaných.

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Schváleno: 05/2025, PM-CZ-SGX-ADVR-250003



SYSTEM OF DISTRIBUTION OF START PACKAGES



Pre-race distribution

The vast majority of entries took the opportunity to have their packages delivered to their homes by Zásilkovna, which will deliver them between 12 and 17 June. This option was available to everyone who completed check-in or race registration before 4pm on 30 May 2025.

If for some reason your package doesn't arrive, we will probably let you know, it will be returned to us and will be available for pick up at the registration desk on both Friday and Saturday. Just in case, email us and we'll arrange a time for you to pick it up.

Pick-up at Strahov

Due to the delayed start time of all races, it is possible to pick up the package on both Friday and Saturday before the race. However, you need to do this at least 30 minutes before the start of the route you are racing on!

Race Office Opening hours

Friady 15.00 till 20.00 | Saturday 8.00 till 14.30



CORRECT ATTACHMENT OF THE STARTING NUMBER





the ideal way to capture the starting number



the ideal way to capture the sticker on the saddlebag

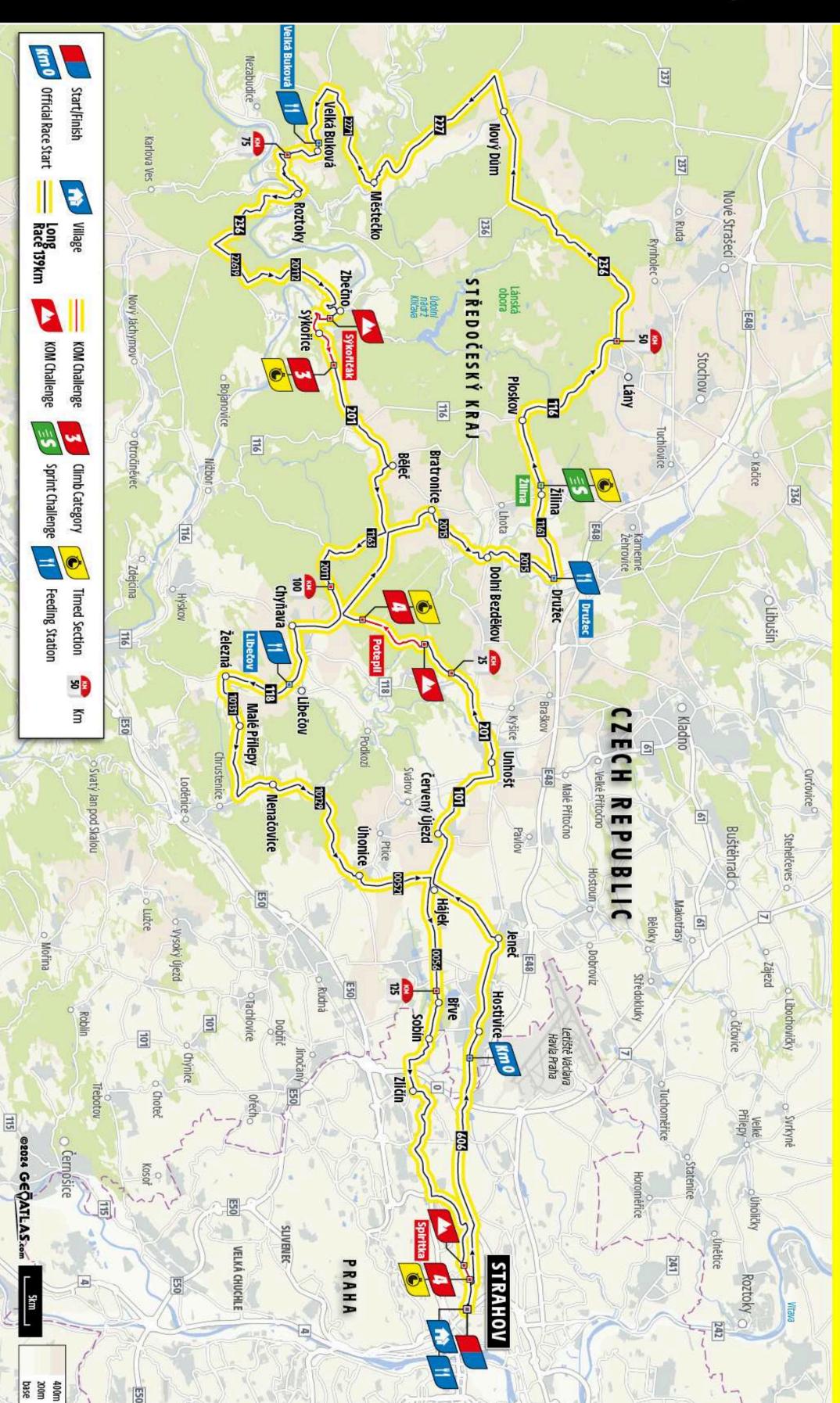


possible way of attaching the start number if you have an integrated/aero cockpit



LONG ROUTE MAP





TIME ITINERARY OF THE LONG ROUTE



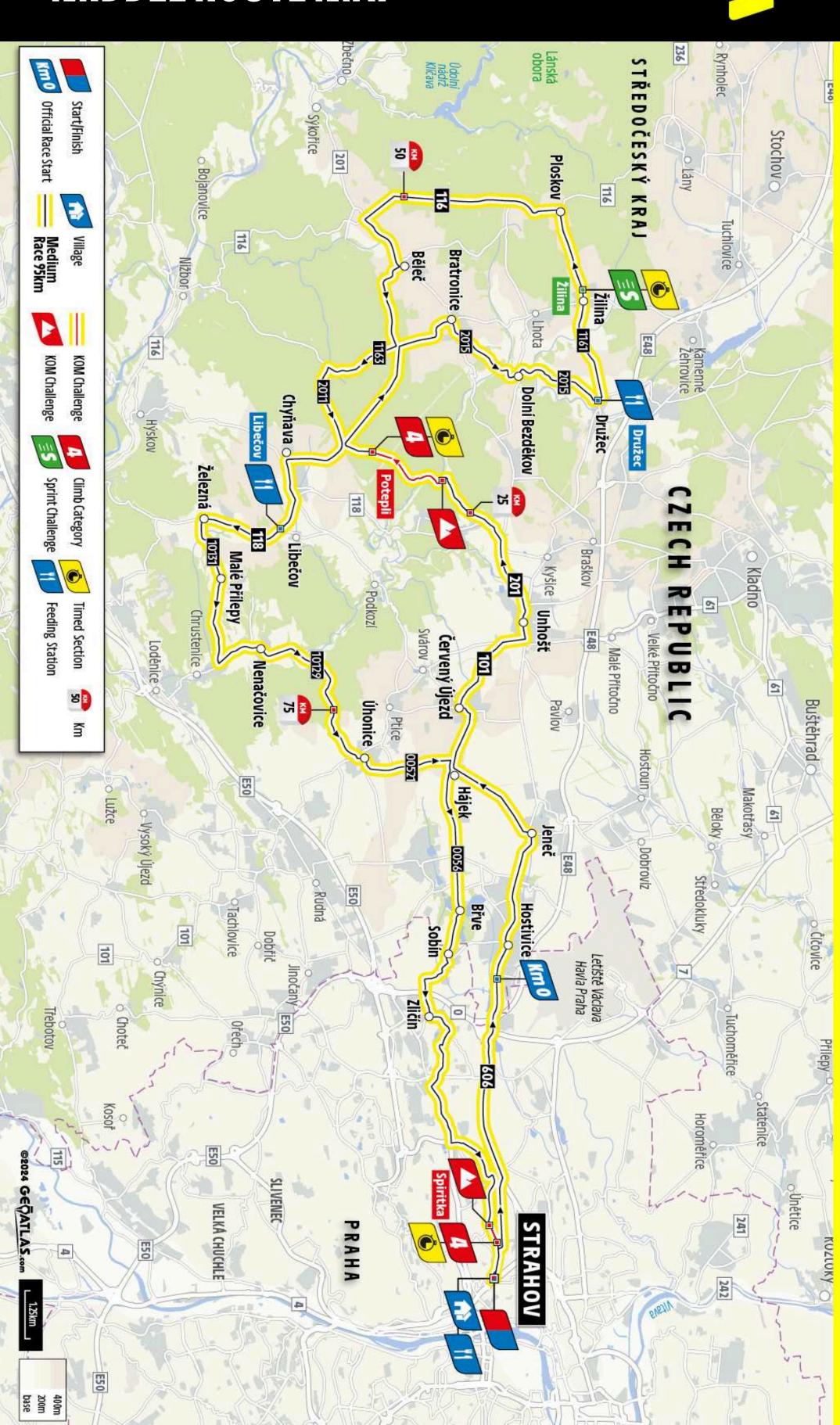
km do cíle	km od startu	popis místa	čelo závodu	sběrný vůz	délka úseku
139,1	0	START - ulice Vaníčkova	12:00	12:10	
138,2	0,9	Atletická> Skokanská	12:02	12:12	0,9
136,2	2,9	Tomanova> Bělohorská	12:07	12:17	2,00
135,8	3,3	Bělohorská/Ankarská (křižovatka Vypich)	12:08	12:18	0,40
134,4	4,7	Bělohorská/Karlovarská	12:11	12:21	1,40
133,3	5,8	Karlovarská/Slánská	12:13	12:23	1,10
132,8	6,3	Karlovarská/Drnovská	12:14	12:24	0,50
132,3	6,8	Karlovarská> Na Hůrce	12:14	12:25	0,50
131,2	7,9	OSTRÝ START	12:16	12:27	1,10
129,4	9,7	Hostivice, Čsl. armády/Komenského	12:19	12:31	1,80
127,4 126,2	11,7	Železniční přejezd 6J-004 Jeneč, Karlovarská>Úhonická	12:22 12:24	12:35 12:38	2,00
123,2	15,9	Hájek, Křižovatka 0056/0066	12:28	12:45	3,0
121,2	17,9	Červený újezd, křižovatka Hájecká> Unhošťská	12:31	12:50	2,0
118,7	20,4	Unhošť, Křižovatka V Topolech> Hájecká	12:34	12:56	2,50
117,9	21,2	Unhošť, Václavské náměstí	12:35	12:58	0,80
115,5	23,6	Amerika, Křižovatka 201> 118	12:38	13:04	2,40
114,9	24,2	Křižovatka U Čeperky> K Poteplí	12:39	13:05	0,60
113,1	26,0	Potepli	12:41	13:09	1,80
109,7	29,4	Chyňavská myslivna, Křižovatka 2011> 20110 (ODDĚLENÍ KRÁTKÉ)	12:48	13:23	3,40
106,5	32,6	Křižovatka 20110> 1163	12:52	13:31	3,20
104,3	34,8	Bratronice, Křižovatka 201> 2015	12:56	13:36	2,20
102	37,1	Dolní Bezděkov, Pokorného mlýn	12:58	13:39	2,30
99,5	39,6	Družec, Křižovatka Hlavní> Na Návsi	13:03	13:48	2,50
96,4	42,7	Žilina, Křižovatka Družecká/Kladenská	13:07	13:53	3,10
93,7	45,4	Ploskov, křížovatka 1161> 116 (ODDĚLENÍ STŘEDNÍ)	13:11	13:59	2,70
89,1	50,0	Lány, kruhový objezd 116> 236	13:17	14:08	4,60
82	57,1	Křižovatka 236> 2273	13:30	14:25	7,10
79,2	59,9	Nový Dům, střed obce	13:34	14:32	2,80
77,7	61,4	Křižovatka 2273> 227	13:36	14:35	1,50
71,6	67,5	Městečko, Křižovatka II/227> 2271	13:43	14:47	6,10
67,7	71,4	Křižovatka 2271> 20113	13:52 13:55	15:07 15:11	3,90
66 62,8	73,1 76,3	Velká Buková, rozhledna Křižovatka 20113> II/201	13:59	15:16	1,70 3,20
61,9	77,2	Roztoky, most přes Berounku II/236	14:00	15:17	0,90
57,9	81,2	Křižovatka II/236> 23619	14:09	15:37	4,00
51,6	87,5	Zbečno, Křižovatka 20112> II/201	14:15	15:46	6,30
46,3	92,8	Křižovatka II/201 / II/116 (PŘIPOJENÍ STŘEDNÍ)	14:25	15:59	5,30
42	97,1	Lesní křižovatka 20110> 1163	14:33	16:09	4,30
37,6	101,5	Chyňavská myslivna, Křižovatka 2011> 20110 (PŘIPOJENÍ KRÁTKÉ)	14:41	16:20	4,40
34,6	104,5	Chyňava, napojení na II/118	14:45	16:26	3,00
31,3	107,8	Železná, Křižovatka II/118> 10131	14:49	16:33	3,30
27,1	112,0	Chrustenice, Křižovatka 10131> 10129	14:54	16:40	4,20
20,7	118,4	Úhonice II/101	15:05	16:54	6,40
17,8	121,3	Hájek, křižovatka 0056/0066	15:09	17:02	2,90
15,2	123,9	Železniční přejezd 0056-2	15:13	17:08	2,6
15,1	124	Křižovatka 0056/00518	15:13	17:08	0,1
14,3	124,8	Křižovatka 0056/00513	15:14	17:10	0,8
13,4	125,7	Břve, Hájecká/točna	15:15	17:12	0,9
12,1	127,0	Sobín, Hostivická> Ke Břvům	15:17	17:18	1,3
11,2 10,1	127,9 129,0	Sobín/Sobínka Zličín, Křižovatka Hrozenkovská> Strojírenská	15:18 15:19	17:21 17:26	0,9 1,1
9,5		Zličín, Strojírenská, železniční přejezd	15:20	17:28	
9,3	129,6 129,8	Zličin, Křižovatka Strojírenská> Engelmullerova	15:20	17:29	0,6
7,5	131,6	Křižovatka Makovského> Plzeňská	15:22	17:35	1,8
5,9	133,2	křižovatka Plzeňská> nájezd Kukulova	15:24	17:41	1,6
5,5	133,6	křižovatka nájezd Kukulova> Kukulova	15:25	17:43	0,4
4,5	134,6	křižovatka Kukulova/Roentgenova	15:27	17:46	1,00
4,0	135,1	křižovatka Kukulova> Podbělohorská	15:28	17:48	0,5
2,6	136,5	křižovatka Podbělohorská/Spiritka	15:29	17:53	1,4
1,6	137,5	křižovatka Atletická> Běžecká	15:31	17:56	1,00
1,1	138,0	křižovatka Diskařská> Strahov	15:32	17:58	0,5
0	139,1	Cíl - ulice Vaníčkova	15:34	18:01	1,1
		OVÝ ČAS JÍZDY	3:29:41	5:43:22	



OFFICINE MATTIO

V době, kdy se "ručně vyráběné" často používá jen jako prázdný slogan, Officine Mattio ukazuje, co skutečné řemeslo znamená. Každý rám vzniká v srdci Itálie, pod rukama lidí, kteří cyklistice skutečně rozumí – a především ji milují. Výsledkem nejsou jen kola, ale technicky dokonalé stroje s duší. Nechte se svézt na zhmotněné preciznosti, tradici a vášni.

MIDDLE ROUTE MAP



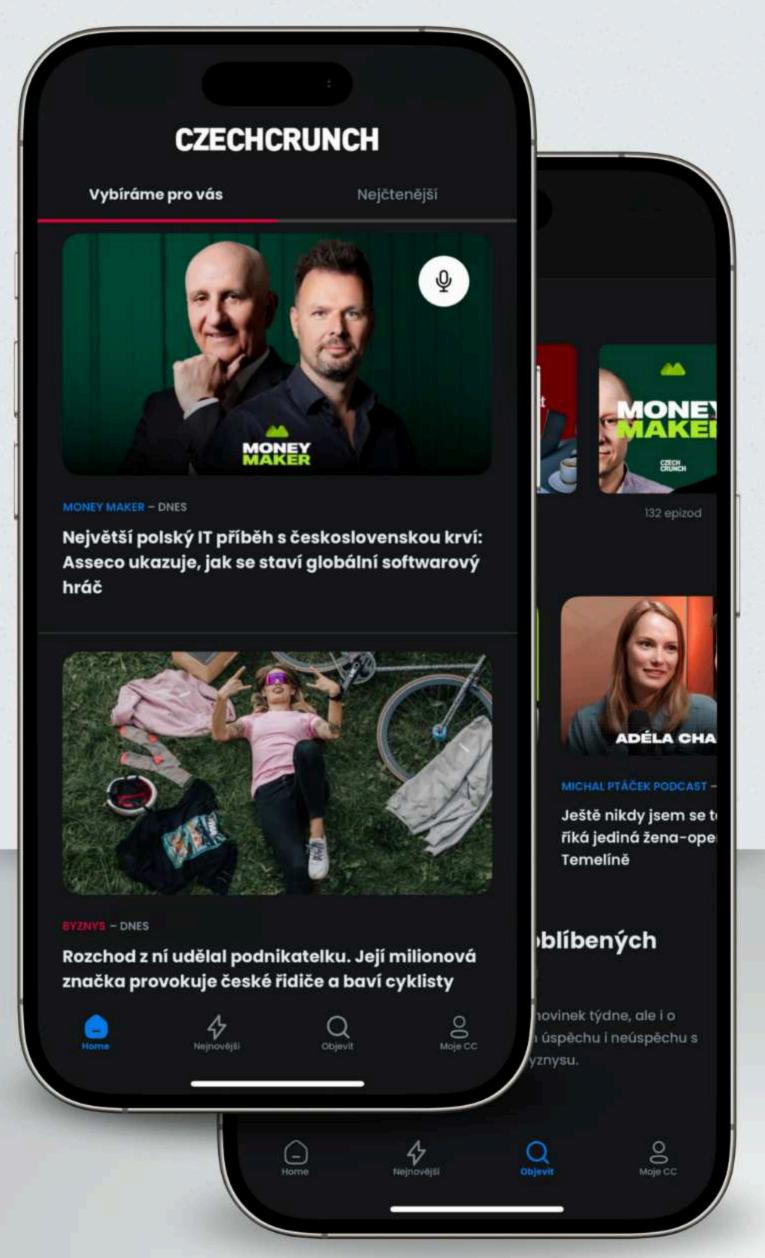
TIME ITINERARY OF THE MIDDLE ROUTE



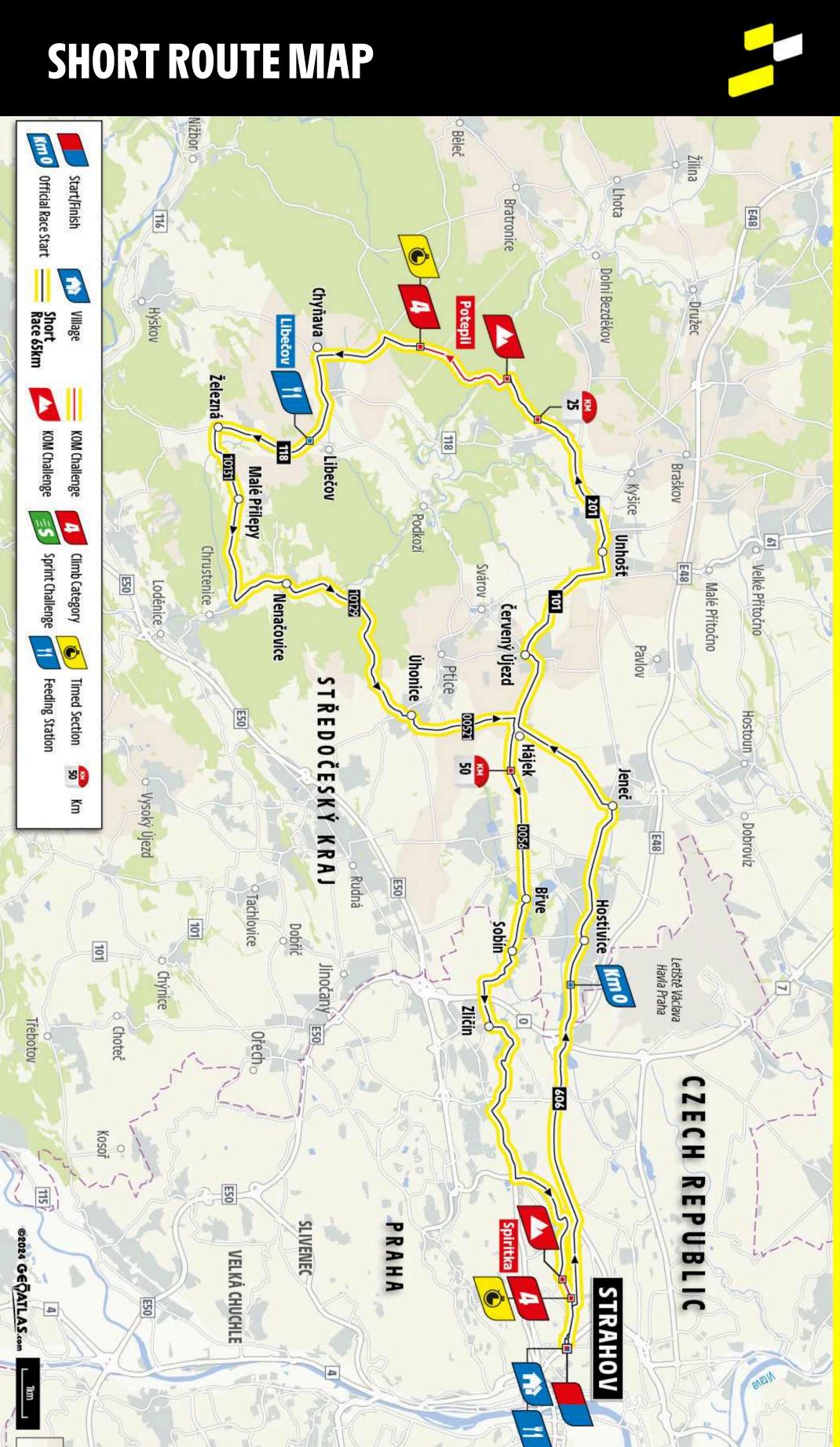
km do cíle	km od	Itinerář - Střední trasa L'Etape Czech Republic by Tour de France - 21. 6. 2025	čelo	chě snú váz	délka
KIII do cile	startu	popis místa	závodu	sběrný vůz	úseku
97,5	0	START - ulice Vaníčkova	13:30	13:40	
96,6	0,9	Atletická> Skokanská	13:32	13:42	0,
94,6	2,9	Tomanova> Bělohorská	13:37	13:47	2,00
94,2	3,3	Bělohorská/Ankarská (křižovatka Vypich)	13:38		0,40
92,8	4,7	Bělohorská/Karlovarská	13:41	13:52	1,40
91,7	5,8		13:43	13:54	1,10
91,2	6,3	Karlovarská/Drnovská	13:44	13:55	0,50
90,7	6,8		13:44	13:56	0,50
89,6	7,9	OSTRÝ START	13:46		1,10
87,8	9,7	Hostivice, Čsl. armády/Komenského	13:49	14:02	1,8
85,8	11,7	Železniční přejezd 6J-004	13:52	14:07	2,00
84,6	12,9		13:54	14:10	1,20
81,6	15,9	Hájek, Křižovatka 0056/0066	13:58	14:18	3,00
79,6	17,9	Červený újezd, křižovatka Hájecká> Unhošťská	14:01	14:23	2,00
77,1	20,4		14:04	14:30	2,50
76,3	21,2		14:05	-	0,80
73,9	23,6		14:08		2,40
73,3	24,2		14:09	14:40	0,60
71,5	26,0	Poteplí	14:11	14:45	1,80
68,1	29,4		14:18	11000000000	3,40
64,9	32,6		14:22	15:08	3,20
62,7	34,8		14:26		2,2
60,4	37,1		14:28	15:18	2,30
57,9	39,6		14:33		2,50
54,8	42,7		14:37	15:32	3,10
52,1	45,4		14:41		2,70
46,4	51,1		14:52	15:56	5,70
42,1	55,4		15:00	16:09	4,30
37,7	59,8		15:08	16:22	4,40
34,8	62,7	Chyňava, napojení na II/118	15:11	16:29	2,90
31,5	66,0		15:16		3,30
27,2	70,3		15:20	16:46	4,30
20,8	76,7	Úhonice II/101	15:31	17:02	6,40
17,8	79,7	Hájek, křižovatka 0056/0066	15:36		3,00
15,4	82,1		15:39		2,40
15,2	82,3		15:39	17:18	0,20
14,4	83,1		15:40	17:21	0,80
13,5	84,0		15:41	17:23	0,9
12,2	85,3	i.	15:43	17:28	1,30
11,3	86,2		15:44	17:32	0,90
10,3	87,2		15:46		1,0
9,7	87,8		15:47	17:38	0,60
9,5	88,0		15:47	17:39	0,2
7,7	89,8		15:49		1,8
6	91,5		15:50	17:52	1,7
5,7	91,8		15:51	17:53	0,3
4,6	92,9		15:53	17:57	1,1
4,2	93,3		15:54	17:58	0,4
2,8	94,7	křižovatka Podbělohorská/Spiritka	15:55	18:03	1,4
	OE O	křižovatka Atletická> Běžecká	15:58	18:07	1,1
1,7	95,8				
1,7 1,2 0	96,3 97,5	křižovatka Diskařská> Strahov	15:59 16:00	18:09	0,5

CZECHCRUNCH

Hlavní zdroj inspirace moderního člověka







E50

400m

200m base

TIME ITINERARY OF THE SHORT ROUTE



km do cíle	km od startu	popis místa	čelo závodu	sběrný vůz	délka úseku
67,1	0	START - ulice Vaníčkova	14:30	14:35	
66,2	0,9	Atletická> Skokanská	14:32	14:38	0,9
64,2	2,9	Tomanova> Bělohorská	14:37	14:44	2,00
63,8	3,3	Bělohorská/Ankarská (křižovatka Vypich)	14:38	14:45	0,40
62,4	4,7	Bělohorská/Karlovarská	14:41	14:49	1,40
61,3	5,8	Karlovarská/Slánská	14:43	14:52	1,10
60,8	6,3	Karlovarská/Drnovská	14:44	14:53	0,50
60,3	6,8	Karlovarská> Na Hůrce	14:44	14:54	0,50
59,2	7,9	OSTRÝ START	14:46	14:56	1,10
57,4	9,7	Hostivice, Čsl. armády/Komenského	14:49	15:00	1,80
55,4	11,7	Železniční přejezd 6J-004	14:52	15:04	2,00
54,2	12,9	Jeneč, Karlovarská>Úhonická	14:54	15:07	1,20
51,2	15,9	Hájek, Křižovatka 0056/0066	14:58	15:17	3,00
49,2	17,9	Červený újezd, křižovatka Hájecká> Unhošťská	15:01	15:25	2,00
46,7	20,4	Unhošť, Křižovatka V Topolech> Hájecká	15:04	15:34	2,50
45,9	21,2	Unhošť, Václavské náměstí	15:05	15:37	0,80
43,5	23,6	Amerika, Křižovatka 201> 118	15:08	15:46	2,40
42,9	24,2	Křižovatka U Čeperky> K Poteplí	15:09	15:49	0,6
41,1	26,0	Poteplí	15:11	15:56	1,80
37,7	29,4	Chyňavská myslivna, Křižovatka 2011> 20110 (OTOČENÍ KRÁTKÉ)	15:17	16:09	3,40
34,7	32,4	Chyňava, napojení na II/118	15:20	16:18	3,00
31,4	35,7	Železná, Křižovatka II/118> 10131	15:25	16:28	3,30
27,2	39,9	Chrustenice, Křižovatka 10131> 10129	15:29	16:42	4,20
20,7	46,4	Úhonice II/101	15:41	17:02	6,50
17,8	49,3	Hájek, křižovatka 0056/0066	15:45	17:11	2,90
15,3	51,8	Železniční přejezd 0056-2	15:48	17:21	2,50
15,2	51,9	Křižovatka 0056/00518	15:48		0,10
14,4	52,7	Křižovatka 0056/00513	15:49	17:24	0,80
13,5	53,6	Břve, Hájecká/točna	15:51	17:27	0,90
12,2	54,9	Sobín, Hostivická> Ke Břvům	15:52	17:32	1,30
11,3	55,8	Sobín/Sobínka	15:54	17:36	0,90
10,2	56,9	Zličín, Křižovatka Hrozenkovská> Strojírenská	15:55	17:40	1,10
9,6	57,5	Zličín, Strojírenská, železniční přejezd	15:56	17:43	0,60
9,4	57,7	Zličín, Křižovatka Strojírenská> Engelmullerova	15:56	17:43	0,20
7,6	59,5	Křižovatka Makovského> Plzeňská	15:58	17:50	1,80
6	61,1	křižovatka Plzeňská> nájezd Kukulova	16:00	17:56	1,60
5,7	61,4	křižovatka nájezd Kukulova> Kukulova	16:00	17:57	0,30
4,6	62,5	křižovatka Kukulova/Roentgenova	16:03	18:01	1,10
4,2	62,9	křižovatka Kukulova> Podbělohorská	16:04	18:02	0,40
2,7	64,4	křižovatka Podbělohorská/Spiritka	16:05	18:08	1,50
1,7	65,4	křižovatka Atletická> Běžecká	16:07	18:11	1,0
1,2	65,9	křižovatka Diskařská> Strahov	16:08	18:13	0,50
0	67,1	Cíl - ulice Vaníčkova	16:09	18:17	1,20
	5,11	an ansa samenasa	10107	10/17	1,21

L'ETAPE CZECH REPUBLIC A NADACE KRÁSA POMOCI



JÍZDA, KTERÁ MĚNÍ ŽIVOTY SENIORŮ

Nadace Krása pomoci už více než 15 let pomáhá seniorům žít důstojný a, když je to možné, tak aktivní život doma – tam, kde se cítí nejlépe. Letos poprvé spojujeme síly s cyklistikou, protože věříme, že pohyb, komunita a energie dokážou inspirovat napříč generacemi.

A protože i stáří může být krásná etapa.



M

STÁŘÍ A CYKLISTIKA MAJÍ MNOHO SPOLEČNÉHO

Obojí je o vytrvalosti, odvaze i schopnosti překonávat výzvy.

Každý máme svou vlastní trasu – a stejně jako v závodě je i ve stáří důležité mít zázemí, podporu a pocit, že na to nejsme sami.



Na L'Etape Czech Republic 2025 se můžete přidat k týmu, který šlape pro lepší stáří.

Každá stovka, kterou věnujete, může být pomyslných 100 metrů vaší jízdy.

Jakkoliv je částka malá nebo velká, je to posun správným směrem – ke společnosti, kde stáří znamená bezpečí, důstojnost a péči.



DÍKY VÁM STÁŘÍ NEMUSÍ BÝT NA VEDLEJŠÍ KOLEJI

Finanční pomoc - zvláště ta pravidelná - je pro nás moc důležitá. Pomáhá nám plánovat a můžeme tak pomoci většímu množství starých lidí. Pravidelně přispívat můžete třeba zadáním trvalého příkazu přímo na náš bankovní účet 26 26 26 26 26 / 0100.

> STÁŘÍ SI ZASLOUŽÍ ÚCTU A PÉČI. DÍKY, ŽE POMÁHÁTE S NÁMI.











ROUTE MARKINGS AND SIGNALS FROM THE ORGANISERS

For added safety, the entire race route will be covered with signs and instructions for competitors. More than 400 organizers are involved in securing the route. They will be equipped with whistles and three types of flags in dangerous sections.



Green flag = race is started/restarted after interruption



Orange flag = slow down, danger



Red flag = stop at the right edge of the road, race is stopped

See examples of L'Etape Czech Republic signage:









250 M





visostarl.

SLEVOVÝ VOUCHER

Získej **20% slevu** na stánku a až **50% v ISOSTAR klubu** plus další výhody!



- Ulož si věrnostní kartu
- Registruj si každý závod a vyhraj!



www.isostar.cz





km 0,0 - 7,9: Neutral Zone

The first less than 8 km are non-racing. The start at Strahov is only ceremonial... We'll ride at a constant speed in a compact group until we reach the Prague border, which is a great opportunity to get your legs moving, get in tune with the pack and mentally prepare for a sharp start. In this section it is forbidden to improve your position in the peloton by risky overtaking or dangerous riding on the pavement. At the 7.9km mark, a sharp start will be rewarded.

Recommendation:

Don't go anywhere, the route is long. You won't win the race here, but on the contrary you can lose the whole race and ruin the day for others.

Important points:

km 2,9: crossing tram tracks

km 4,5: crossing tram tracks

km 5,8: downhill

km 7,9: sharp start

km 7,9 - 29,4: Hostivice - Chyňavská myslivna

At the beginning, an ideal passage to catch the rhythm and get into the pace. A flat part of the route, alternating between passages through villages and an open road between fields.

In Červený Újezd a combination of left-right turns comes. The approach to the square in Unhost from the bottom of it takes the peloton onto the cobbles, so hold on tight to the handlebars and don't look for the hostesses at the fanpoint.

The climb from Poteplí towards Chyňava Myslivna is 3 kilometres long, the first climbing segment and therefore the selection of wheat from chaff has 600 metres less. This is followed by a short descent to a junction where the first division of the route occurs. Short turns left, Medium and Long head right.



Recommendation:

The race has started, now you have a unique chance to improve your position in the pack. But be careful not to take any unnecessary risks on the first run, lest you lose the whole day. At the left-hand bend below the Bat Restaurant, think carefully about whether you're going to push yourself senseless for 20 kilometres or sacrifice a few seconds for your own safety.

Important points:

km 9,0: narrow roadway - train line underpass

km 11,7: railroad crossing out of order

km 12,9: sharp left turn

km 20,4 - 21,2: crossing Unhosti will bring a combination of five turns.

km: 23,6: left turn

km: 25-26: descent to Poteplí, with two turns at the end

km 26 - 28,4: KOM Poteplí 2400 metres with an average gradient

of 4.1 per cent

km 29,4: sharp right turn (Medium and Long Route), sharp left turn (Short Route)

km 29,4 - 45,4: Chyňavská myslivna - Ploskov (Long and Middle Route)

First a great asphalt and a flat section to Bratronice.

Then a long descent to Dolní Bezděkov. Here you will go very fast. The long exit towards Druzec, where the first refreshment station will be, is familiar to the participants of the 2022 and 2023 edition.

New asphalt has been laid from Družec to Žilina, so the kilometres are decreasing. But if the wind is from the west, hide in the group.

From Žilina towards Ploskov, there's also new asphalt carpeting, so when you blow off steam in the battle for the green jersey on the sprinters' segment in Žilina, the bike will almost fly by itself.





Jediné 3D tištěné sedlo na světě vyrobené právě pro vás

JOYSEAT: NAVRŽENO A VYROBENO 3D TISKEM V ČESKÉ REPUBLICE.





PADNE JAKO ULITÉ

Optimalizováno unikátním algoritmem pro vaše sedací partie



PROTISKLUZOVÉ

Díky speciální povrchové úpravě zůstanete sedět stále ve správné pozici



OPRAVDOVÁ ÚLEVA

Netlačí na měkké tkáně ani nervová zakončení, podpírá sedací kosti

Pořiďte si sedlo Joyseat s mimořádnou slevou 500 Kč. Objednejte na webu posedla.cz s kódem **NESESEDNES25**



Recommendation:

If you're taking the Middle Route, don't wait for anything and just pedal. This flat passage, especially in the wind, can make a mess of the pack.

Important points:

km 32,6: sharp right turn towards Bratronice

km 34,4: sharp right turn

km 39,8: refreshment station

km 43: sprinter's segment

km 45,4: rght turn (Long Route), sharp left turn (Middle

Route)

km 45,4 – 67,5: Ploskov - Městečko (Long Route)

The long route continues in the direction of Lány. In the woods around the castle preserve there is new asphalt everywhere, so it's a nice walk. The same as from the roundabout above the castle, where President Petr Pavel goes to rest. Everyone will be full of energy and the ride will definitely be fast.

On the descent from Lány to Mouse Hole, watch out for the tricky right-hand bend, which is very high. The trees also create an unpleasant shadow, so the unevenness of the road is not very noticeable.

The climb Brejl - St. Elizabeth is well known from previous years and will be the first major test of the peloton. The Brejl-St. Elisabeth climb is two kilometres long with an average gradient of six per cent.

When the road straightens out, take a breath, have a drink, eat, get ready... Because after leaving the forest you will most likely be hit in the face by a nasty headwind. In the passage through Nový Dům, where the fanpoint will be ready, it's good to stay in a group, because the pack will save you a lot of strength during the subsequent ride towards Městečko.



Caution is needed in the convention. The peloton will definitely be stretched, but on the descent it's better not to race. Especially in the case of a wet race, the cobblestone passage will be very unpleasant.

Recommendation:

Calm before the storm. Hang on to someone, don't get too winded and gather your strength for what's to come in the next stage of the race. Don't spin your legs over the thread, and if you're hanging on to the tail of the group you'll be in, get out. If you shoot all the bullets here, you're in big trouble.

Important points:

km 50,1: roundabout

km 55: sharp right turn

km 55,1 – 57,1: Breil-St. Elizabeth climb

km 57,2: right turn

km 66,5: sharp left turn

km 67 – 67,2: cobbled section on the downhill

km 67,2: sharp left turn on cobbles

km 67,2: sharp right turn on cobbles

km 67,5 – 92,8: Městečko - Sýkořice, Luby (Dlouhá trasa)

The 25-kilometre-long passage is a celebration of the art of climbing.

First up is the climb Městečko-Malá Buková. A total of 3,500 metres with an average gradient of 5.5 percent, where the peloton will climb 267 vertical metres. The Strava app record here is held by Italian Czech Alberto Monti, a representative and competitor of ATT Investments, who reached the summit in 8 minutes and 12 seconds. The first half of the climb is particularly rough, with sections of 15 or 17% gradient.

In the forest in front of Velká Bukova, shake your legs and at the lookout tower, not only enjoy the view but also replenish your energy, because so far it has only been - as Monti would say - an antipasti or appetizer.

Dr\MH

Posuň svou hydrataci na novou úroveň







On the downhill towards Roztoky with discretion. The body will absorb the heavy climb, so you need to keep your concentration on the surface, which is not completely smooth.

To warm up, "Styby's Revenge". We will ride 200 metres on cat heads past the municipal office! The Rostock Peacock will start by draining the power from his legs, and this will be just a prelude...

It may only be 200 metres, but for the first hundred the gradient won't drop below ten per cent, with the computer showing you eighteen in some passages! The second half of the pavé is more merciful. The average gradient of the whole hill is 6.3 percent, a total of 3540 meters, a difference of 235 meters in height! When you go above Roztoky, you will have a romantic view of the Křivoklát forests. But the worst is yet to come...

The passage around the water reservoir, where you turn left, is over 12 percent. And the moment you reach the top of the 1,100 metres, the most challenging phase will come. With an unparalleled view of the ruins of Týřov, but also with a slope of 19 percent in the steepest passage. The finale simply wrings your legs to death.

If the best time in the Strava app serves as motivation, it is held by Ondřej Cink, who climbed the hill in 9:11 minutes at an average speed of 24.5 kilometres per hour.

The Last Judgement-Křivoklát Hell passage will offer a well-deserved rest. A total of 5100 metres in the downhill, where you will lose 216 vertical metres. Which means only one thing... It's going to be uphill again.

After a year's hiatus, Sýkořičák returns. And even as a summit segment. So when you cross the reconstructed bridge in Zbečná, push the pedals hard.

A total of 2,800 metres with an average gradient of 5.9 percent! Actually the shortest of the trio of hills, but after the previous two that suck all the energy out of your legs?



Michal Kollert set a record here on his way to victory in L Etape 2021 when he reached the top of the hill in 5:56 minutes. There are 162 vertical metres to climb, so I'm sure most cyclists will find the support of the fans at the local fanpoint useful.

Once you've conquered this climbing triptych, the worst will be over. And by the passage to the merge with the Central Route, you'll be sniffling.

Recommendation:

Here's a look at who did their homework! The passage that will hurt. Put on a good pair of shoes. Just make sure you don't go over the thread. It's almost 50 to the finish.

Important points:

km 67,5: sharp right turn

km 67,8: railway crossing

km 67,5: Town-M climb. Buková - 3500 meters, 5.5%

km 73,2: refreshment station Velká Buková

km 75,3: sharp left turn

km 75,7: sharp right turn

km 75,8: sharp left turn

km 76,1: sharp right turn

km 76,2: sharp left turn

km 76,6: sharp right turn

km 77,1: sharp right turn

km 81,2: sharp left turn

km 82,9: sharp left turn

km 83,9: steep downhill

km 84,6: sharp right turn

km 86,6: sharp right turn on downhill

km 86,9: sharp left turn

! !!!km 87, 1: railway crossing

km 87,1: left turn

km 87,6: KOM Sýkořičák - 2800 metres, 5,9 %

SPORTHELP FYZIO-REHAB ZÓNA

Dopřej svému tělu okamžitou péči hned po závodě.





km 92,8 - 101,5 Long Route and km 51,3 - 59,8 Middle Route: Sýkořice Luby - Chyňavská myslivna

The Middle Route will connect after the forest section from Ploskov on a new asphalt carpet six kilometres long with an elevation of only 40 metres, so for the participants of the Long route it is an ideal chance to jump on the hook and get their legs on the way to Chyňava.

The forest section from Belzec also got a new carpet, so everyone will get a sniff.

Recommendation:

Ideal passage to eat everything out of your pockets, drink your bidons and give your body some energy before the climax of the race.

Důležité body:

km 92.8/51.3: merging of the Long and Middle Routes

km 99.2/58.1: sharp left turn

km 101,5 - 118 Long Route, km 59,8 - 76,5 Middle Route and km 29,5 - 46,1 Short Route: Chyňavská myslivna - Úhonice

Very fast section, at least in the beginning. At Chyňavská myslivna the cyclists pick up speed and through Chyňava with its famous fanpoint the peloton will fly towards Libečov and Železná, where it turns sharply left.

Over the ford in front of Maly Prilepy they will ride towards Chrustenice. Be careful on the descent, don't lose the race here, because the descent ends with a sharp left turn.

After that, you will pass through a romantic alley towards Nenačovice and climb to the village of Úhonice. The hill here has a new asphalt carpet, so the 2650 metres with an average gradient is relatively easy to digest. All the more so because this time it is not a climbing premium.

Recommendation. You just don't want to wind up alone in this passage.





PARTNER VIRTUÁLNÍHO TRÉNINKU





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Important points:

km 101.5 / 59.8 / 29.5 km: merger of the Long, Middle, and Short routes

km 105.5 / 63.8 / 33.6: refreshment station

km 112 / 70.3 / 39.9: sharp left turn

km 118 - 129 Long Route, km 76,5 - 85,3 Middle Route and km 46,1 - 54,9 Short Route: Úhonice - Zličín

Flat section, mostly with a tailwind.

Experience from the 2023 edition gives a heads-up, but honestly, there's usually a tailwind here. On top of that, the road is slightly downhill. From Hájek to the village of Břve, it's a gentle descent.

You'll cover the inclined straight into Sobín in a single breath with the finish line in sight.

Then, heading to Zličín, the road undulates slightly a few times, but there are no steep climbs.

Recommendation:

Ideally, latch onto a group, rotate pulls, and save energy. If you must ride solo, evaluate your options realistically. There are (only) eleven kilometers to go, but make sure you don't hit the wall...

Important points:

km 121.1 / 79.7 / 49.3: right turn

km 123.8 | 82.1 | 51.7: protected but inactive railway crossing km 125.6 | 83.9 | 53.5: narrow bridge and left turn in the village of Břve

km 127 / 85.3 / 54.9: right turn in Sobín, followed by two plastic speed bumps

km 129 - 139,3 Long Route, km 87,2 - 97,3 Middle Route and km 56,9 - 67,1 Short Route: Zličín - Strahov

First, a right turn and then entry into the opposite direction on Makovského Street.



An ultra-fast descent along Makovského and Plzeňská streets, which we'll blaze through in the opposite direction. Then you turn left, and the climb past Motol Hospital begins. If the race hasn't been decided earlier, this is definitely a place to launch an attack for the win — or to gain a position in a battle with friends.

Then comes a super-fast descent along Podbělohorská Street, but only down to Spiritka, where the very last climb of the race awaits you. But be careful — this is where you need to give it everything you've got: it's the final King of the Mountain segment. It's only 580 meters long, but with an average gradient of 7.8%, it's just enough to completely burn your legs before the finish!

Next is a descent down Atletická Street, where you'll turn left into Běžecká Street, then continue through Maratónská and Diskařská Streets, descending past the Evžen Rošický Stadium — or more precisely, the Great Strahov Stadium — and you've reached the finish line.

Recommendations:

The final ten kilometers. If you've been saving energy until now, it's time to unleash it. Two descents and two climbs will test how much fuel you've got left in the tank — but you'll make it, even on fumes! Enjoy the ride through the finish line — you've just completed the biggest amateur race in the Czech Republic!

Important points:

km 129 / 87.2 / 56.9: left turn onto Strojírenská Street

km 129.6 / 87.8 / 57.5: protected railway crossing in Zličín

km 129.8 / 88.0 / 57.7: right turn onto Engelmüllerova Street

km 130.3 / 88.5 / 58.2: crossing tram tracks

km 131.7 / 89.9 / 59.5: turn off Makovského onto Plzeňská Street

km 133.4 / 91.6 / 61.2: left turn onto Kukulova Street

km 135.1 / 93.3 / 63.0: right turn onto Podbělohorská Street

km 136.5 / 94.7 / 64.4: left turn onto Spiritka Street

km 136.5 | 94.7 | 64.4: KOM Spiritka – 580 meters, 7.8% average gradient

km 137.6 / 95.8 / 65.5: sharp left turn onto Běžecká Street



REFRESHMENT STATION



You can find the locations of the refreshment stations on the race map.

Cyclists competing in the Long Route will have access to three refreshment stations. Cyclists on the Middle Route will have access to two refreshment stations. Cyclists on the Short Route will have access to one refreshment station.

In addition to the above, there will be a final refreshment station located at the finish line.

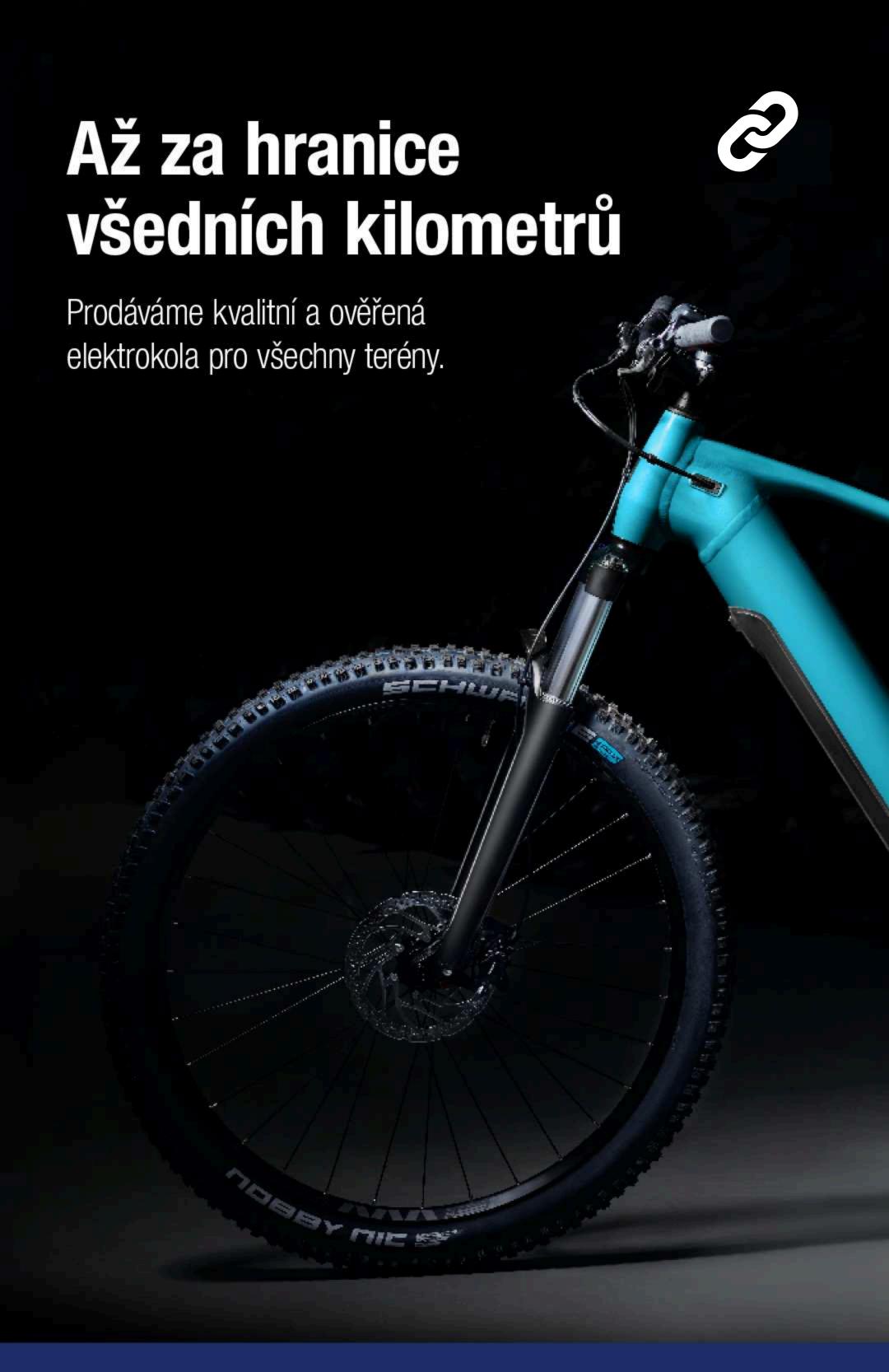
The refreshment stations will offer a variety of sweet and savory snacks, as well as energy products provided by our sports nutrition partner, ISOSTAR.

Each refreshment station will have several hundred pre-filled bottles supplied by Škoda Auto and Isostar. You'll also be able to refill your own bottle using barrels filled with water or isotonic drink.

For safety reasons, refreshment station staff will not hand bottles directly to riders.

Approximately 200 meters before and after each refreshment station, the Refreshment Zone Area will be clearly marked. Here, you can receive supplies from your support crew and also dispose of any waste.

LITTERING OUTSIDE OF THE REFRESHMENT ZONES WILL RESULT IN DISQUALIFICATION!





TIMEKEEPING

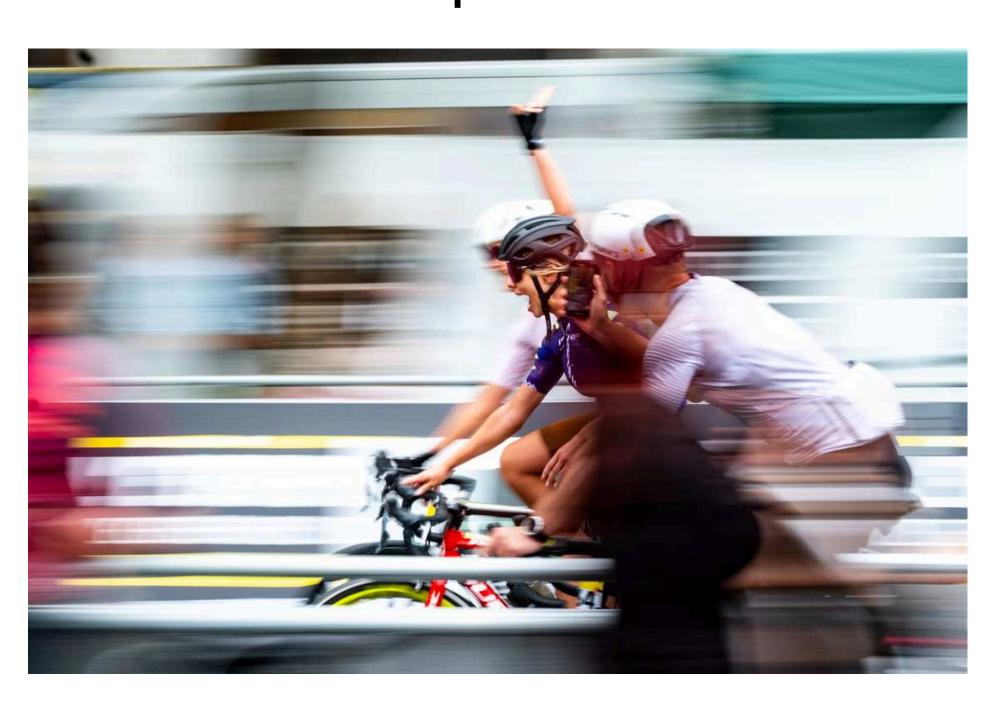


Each rider will receive two timing chips in their race packet. One chip is attached to the race number on the handlebars, and the other is a sticker placed on the seat tube. Every participant is required to properly affix both numbers to their bike. A visual example can be found on page 26 of this document. The race numbers and stickers remain the property of the organizer until the rider crosses the finish line or the race is officially terminated.

The main timing system will be located at the finish line, on the start/finish arch.

The start time is the same for all participants and will begin with the official start gun.

Both interim and overall results will be posted online on the race website and on www.sportsoft.cz.



TOUR DE FRANCE COMPETITION CATEGORIES



TOUR DE FRANCE INDIVIDUAL JERSEY COMPETITIONS

Overall Winner in the Men's and Women's Categories

Yellow Jersey for the rider who completes the race route in the shortest time. The Yellow Jersey will be awarded to the first man and the first woman to cross the finish line at Strahov.

King/Queen of the Mountains DECATHLON

Polka-Dot Jersey for the best climber on the Short, Middle, and Long Routes. The winner is the rider who completes the designated climbing sections in the shortest time. On the Long and Middle Routes, these climbs are Poteplí, Sýkořice, and Spiritka. On the Short Route, the climb is Poteplí and Spiritka. The partner of the climbing competition is Decathlon.

Fastest Sprinter

Green Jersey for the best sprinter on the Middle and Long Routes. The winner is the rider who completes the section marked as the Sprinter's Prize in the shortest time. The sprint segment is located in Žilina.

Youngest Rider

White Jersey for the best young rider. The winner is the rider with the shortest overall time. On the Short Route, this category is for riders under 16 years old; on the Middle Route, for riders under 18 years old; and on the Long Route, for riders under 25 years old.

The winners of the Tour de France jersey competitions will be announced on Saturday at 16:45 on the stage at the L'Etape Village.



Dopřej si komplexní balíček suplementů pro nejlepší výkon.

www.olaola.cz





CATEGORIES BY AGE AND GENDER



INDIVIDUAL CATEGORIES BY AGE AND GENDER AND SPECIAL HEROES CATEGORY

Tangible prizes will be awarded to the top three finishers in each listed and filled category.

The complete list of categories by age and gender can be found in the race regulations on the event website.

The Heroes special category is only available on the Short Route.

The winners of the individual categories by age and gender, as well as the Heroes special category, will be announced on Saturday at 17:45 on the stage at the L'Etape Village.



TEAM COMPETITION



TEAM COMPETITION

The team competition is available in the Men's, Women's, and Mixed categories on the Long, Middle, and Short Routes.

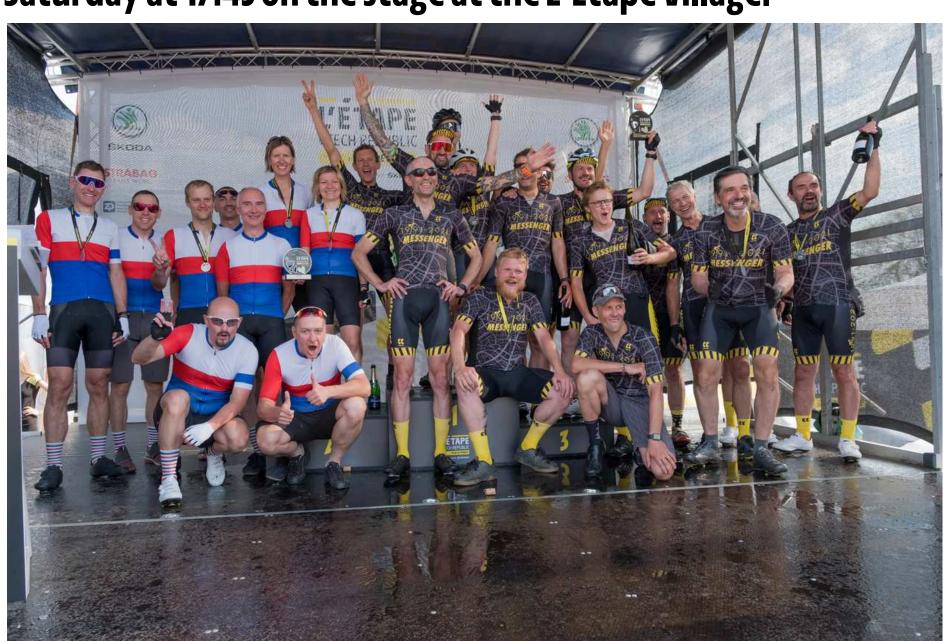
The Corporate Team Competition — the Lasvit Trophy — is available on the Middle route.

A team consists of EXACTLY 5 riders. Team members compete individually in the individual classification.

The team competition is available on all routes. The team classification includes the following categories: Men's MT, Women's WT, and Mixed XT.

The team's ranking will be determined by the time of the 4th team member crossing the finish line. For the Mixed XT category, at least one team member in the counted position must be of the opposite gender. Team members must wear identical jerseys.

The winners of the team competition will be announced on Saturday at 17:45 on the stage at the L'Etape Village.

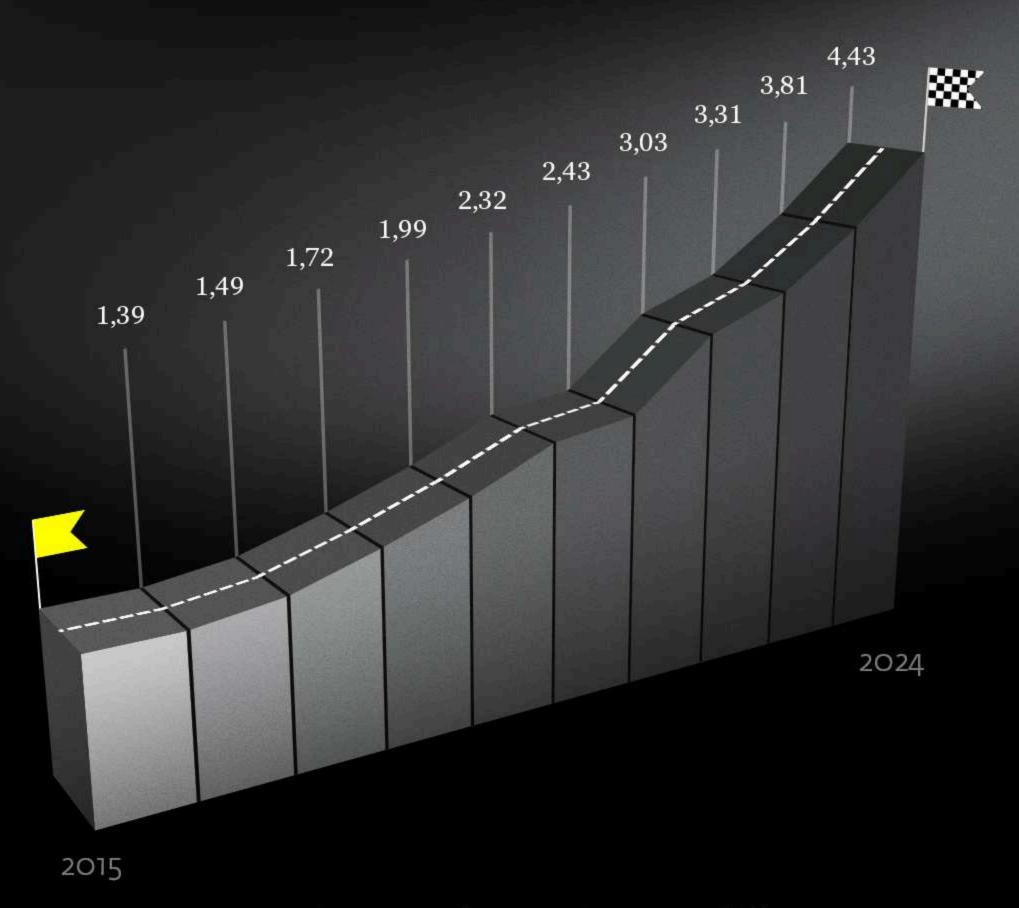




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INFORMATION FOR SPECTATORS AND FANS



FAN ZONES ALONG THE RACE ROUTE

Just like the Tour de France, which is not only about racing and riders, L'Etape Czech Republic will also offer much more than just the competition.

Every year, more than 15 million spectators and enthusiastic fans gather along the route of the famous race. To bring a bit of that spirit to our own event, we've prepared several Fan Zones and exciting activities along the route.

Fan Zones in Prague

Witnessing the start of a thousand-rider peloton in person is an experience that gives many people goosebumps.

You can catch the action at Strahov at 9:30, 10:30, 10:40, and 12:00.

Fanpoints in Villages in Central Bohemia

More than 10 villages and local organizations along the race route have answered our call this year and are contributing to the creation of an electric atmosphere that will push the participants towards the finish line like a tailwind.

On the race website, you will find the locations of all the fan points. These spots promise a great atmosphere, beer and non-alcoholic drinks at subsidized prices, additional activities, and a fantastic promotional caravan that will arrive about an hour to an hour and a half before the first riders.

Complete Information for Spectators and Fans here...

MEDIA COVERAGE OF THE RACE



Live reports and coverage on CT SPORT

The race's official media partner will provide an overview of the current situation with 6 live reports on ČT Sport throughout the day.

On Saturday evening, a short summary of the entire race day will be broadcast, followed by a 10-minute highlight reel during the week after the event. The exact broadcast times will be announced during the week leading up to the race.

On Sunday, June 29th, a 20-minute recap report will be aired.

Live reports form the Race Director's Car - NEW FEATURE!

Throughout the day, we will connect live with reporter Martin Hačecký, who will be riding in the Race Director's Car on the Long Route. He will provide insights and updates from the front of the race, giving viewers a unique perspective on the action.

Live report na roadcycling.cz

The official race website www.roadcycling.cz will feature a live report covering the development of the race on the Long Route, supplemented by photos from the course.

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THANK YOU TO ALL OUR PARTNERS FOR THEIR SUPPORT AND COLLABORATION.

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